



Sutter Middle School Custom Itinerary

Costa Rica: Sea Turtles, Dolphins & Whales

Est. Trip Dates July 18th-27th, 2022 for 10 days / 9 nights

Trip Price: Student \$3785 Adult Chaperone \$3965 (ALL Inclusive)

DAY ONE - Arrive in Costa Rica + Transfer to Hotel (Mon 18 July 2022)

- Arrive at San Jose International Airport in the late afternoon or early evening
 - Group is met by Scholastic Expeditions upon arrival
 - Dinner @ Hotel
 - Costa Rica Trip Orientation
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DAY TWO - Herradura Canopy & Osa Peninsula Transfer (Tues 19 July 2022)

- After Breakfast Departure to Osa Peninsula
 - Herradura ZipLine Canopy
 - Lunch on the Road
 - Arrival to Osa Field Station
 - Dinner @ Field Station
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DAY THREE - Dolphin Research (Wed 20 July 2022)

- Morning: Dolphin research from a boat coordinated by the Centro de Investigación de Cetáceos - CIEC
 - Lunch @ CIEC
 - Afternoon: CIEC presentation on dolphin research findings
 - Dinner @ Field Station & Sea Turtle Talk by LAST - Latinamerican Sea Turtles
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DAY FOUR - Sea Turtle Ocean Survey (Thur 21 July 2022)

- ALL DAY: Hands-on sea turtle research that supports ongoing conservation efforts in the Osa Peninsula
 - Finca Kobo Dinner & Frogs
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DAY FIVE - Corcovado National Park - Los Patos Sector Hike (Fri 22 July 2022)

- Early Breakfast @ Field Station
 - Transfer by Bus / Truck to Corcovado NP Hike starting point
 - Visit / Hike virgin forest in Corcovado National Park
 - Return to Bus / Drop Zone after Lunch
 - Dinner @ Field Station
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DAY SIX - Drake Bay & Caño Island Snorkel Adventure (Sat 23 July 2022)

- Early Breakfast @ Field Station
 - Snorkel @ Caño Island Biological Reserve
 - Lunch @ Drake Bay
 - Dinner @ Field Station
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DAY SEVEN - Community Service & Transfer to Quepos (Sun 24 July 2022)

- Early Breakfast @ Field Station
 - Community Service Project (Examples: Painting School Infrastructure, Children's Playground & Soccer Field)
 - Lunch on the Road
 - Manuel Antonio Hotel Pool & Beach Time
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DAY EIGHT - Whitewater Rafting & RainMaker Plantation (Mon 25 July 2022)

- Rafting trip on the Naranjo River
- Rainmaker Plantation & trek through exotic forests full of wildlife and waterfalls

- Dinner in Quepos
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DAY NINE - Surf Lessons & Transfer to San Jose (Tues 26 July 2022)

- Enjoy a surf lesson in the warm Pacific Ocean waters of Costa Rica
 - Transfer back to San Jose
 - Lunch on the Road
 - Farewell Dinner - Celebrate final evening, recap field studies, say goodbye to Costa Rica
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DAY TEN - Departure (Wed 27 July 2022)

- COVID-19 Test Pre-Departure. Need to be 3 hrs before Departure @ the Airport.
- After Breakfast, Visit Alajuela Wood Souvenir Shop Close to the Airport
- Flight Home