



Program Agenda, Tamarindo Itinerary - 9 days / 8 nights

DAY ONE - Arrive in Costa Rica + Transfer to La Fortuna

- Arrive at San Jose International Airport in the late morning
 - Lunch
 - Transfer to La Fortuna / Arenal
 - Dinner Hotel & Check-In
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DAY TWO - Wildlife Rescue Center, Venado Caves + Waterfall Hike

- Choose 2 of the following 4 activities
- Visit Instituto Asis Wildlife Rescue Center
 - Community Service in a Costa Rican School
 - Visit the Venado caves
 - Fortuna Waterfall Hike
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DAY THREE - Whitewater Rafting + Eco Farm

- White Water Rafting - Traverse several different ecosystems while viewing Costa Rican wildlife along the banks of the river.
 - Visit and work on an eco-farm to learn about sustainable farming practices
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DAY FOUR - Arenal Volcano + Frog Ponds of Monteverde

- Arenal Volcano National Park
 - Visit a Frog Pond and learn about conservation, climate change, and the threats to amphibian species and their habitat
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DAY FIVE - Monteverde Canopy + Butterfly Garden

- **Monteverde Canopy Tour - An exhilarating zipline trip through the cloud forest canopy**
 - **Butterfly Garden - Spend the afternoon learning about different species of butterflies and their amazing biology**
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DAY SIX - River Birding + Wildlife Rescue Center

- **Rio Bebedero Birding Experience**
 - **Visit Las Pumas, a nonprofit animal rehabilitation center. Learn the different stages of rehabilitation the animals go through before being released back into the wild**
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DAY SEVEN - Palo Verde National Park + Hotel Pool

- **Visit Palo Verde National Park and become part of ongoing studies run by university students and biologists at the Palo Verde Ranger Station.**
 - **Bus ride to Tamarindo**
 - **Evening - Hotel pool time upon arrival**
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DAY EIGHT - Surfing + Return to San Jose

- **Learn how to surf in the beautiful warm waters of Tamarindo**
 - **Return to San Jose**
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DAY NINE - Market Tour + Flight Home

- **San Jose Market Tour (dependent on flight schedule)**
- **Transfer to Airport + Flight Home**