

MANUEL ANTONIO

— *Day One* —

Red eye flight to **Costa Rica**

Group is met by Scholastic Expeditions upon arrival in **Costa Rica**

Lunch on the road to **Arenal** – Enjoy Costa Rican cooking

Check into Hotel

— *Day Two* —

Arenal Volcano National Park & Waterfalls – Hike through the lava flows of this active volcano and become a volcanologist for a day!

Community Service or Eco-Farm – Visit with Costa Rican students at a local school.

Learn about their culture and their day-to-day living and learning environments.

Alternatively, work on an eco-farm and learn about sustainable farming

Arenal Volcanic Hot Springs - Spend the evening relaxing in the natural hot springs

Nighttime Volcanic Observation

— *Day Three* —

Depart for **Monteverde** – Boat across Lake Arenal

Lunch in **Tilaran**

Frog Pond - Study many unique species of frogs and learn about the adaptation each has made to thrive in their specific environment

— *Day Four* —

Monteverde Canopy Tour - An exhilarating zipline trip through the cloud forest canopy

Depart for **San Jose**

Butterfly Garden - Spend the afternoon learning about different species of butterflies and their amazing biology

Leisure time in beautiful **Santa Elena**

Typical curriculum activity: Detail may change depending on the wishes of the teacher leader and academic level of the group

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— *Day Five* —

Depart for **Manuel Antonio**

ECMAR – Participate in a mangrove tour along the **Tempisque River**

Rainmaker Plantation – Embark on an inspiring tour of a private rain forest complete with hanging bridges and natural swimming holes

— *Day Six* —

Manuel Antonio National Park - Hike through this spectacular park and observe Howler and Capuchin monkeys that call the park home

Snorkel Tour - A dinner time cruise to snorkel near the reefs and explore the marine life. On most trips, you will see dolphins swimming in the boat's wake, and feeding on the amazing California Flying Fish

— *Day Seven* —

White Water Rafting - Traverse several different ecosystems while viewing Costa Rican wildlife along the banks of the river

Depart for San Jose, Costa Rica

Farewell Dinner

— *Day Eight* —

Breakfast & Hotel Check-Out

Time permitting, visit museums & historical sites

Depart for home.

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